

The Sword And The Mind By Yagyū Muenori

By Yagyū Muenori

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This is a translation of an important classic on Zen swordfighting. Yagyū Muenori was so widely renowned that he was appointed official sword instructor to two

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Yagyū Muenori is the author of The Life-Giving Sword (4.12 avg rating, 432 ratings, 13 reviews, published 2003), The Sword and the Mind, The Classic Jap

To be exact, this book is a translation of Yagyū Muenori's treatise on swordsmanship. It talks a lot about spiritual and mental aspects of swordsmanship

Muenori Yagyū is the author of Le Sabre De Vie (3.00 avg rating, 2 ratings, 0 reviews, published 2005), The Sword and the Mind, The Classic Japanese Tre

Although as another reviewer notes there are some problems with this translation, Muenori's book is a superb work of strategy that belongs right next to Musashi

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Yagyu Munenori (1571 1646) If you are wielding the long sword, and your mind is fixed on wielding the sword, the sword will not move smoothly.

To be exact, this book is a translation of Yagyu Munenori's treatise on swordsmanship. It talks a lot about spiritual and mental aspects of swordsmanship

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